

SPALATO

WELLNESS TREATMENTS

OUR WELLBEING PARTNERS

Biologique Recherche

Based on over forty years of experience, following a methodology guided by an analysis of your skin's specific needs, each highly personalized treatment is designed to deliver visible, lasting results and reveal healthier, revitalized skin. Performed by expertly trained specialists using precise techniques and highly concentrated active ingredients, each treatment is designed to bring out the skin's full potential.

ELEMIS

Our hands-on facial treatments use touch as a powerful diagnostic tool, softening and preparing the skin to receive the active ingredients. Product is applied using a combination of ancient and modern massage techniques from around the world. Our expert Elemis Elite therapists are highly trained in facial massage techniques which promote more youthful looking skin. All our facials are individually tailored to your personal wishes and needs.

HYDRAFACIAL

A highly effective treatment designed to restore a fresh, radiant complexion while refining and smoothing the skin. HydraFacial® combines deep cleansing, gentle dermabrasion, and painless extraction with the infusion of powerful serums and vitamins. The result is visibly smoother, plumper, and healthier-looking skin.

OXYJET®

Oxyjet® is a recently introduced skin treatment performed by injecting high pressurized oxygen and active ingredients into the skin. The treatment allows for the skin to feel and look more energized, fresh and young. It provides all the essential cosmetic elements to keep the skin healthy. Gently, effectively, and safely!

ICOONE® LASER

ICOONE® are powerful and relaxing treatments with the newest generation of vacuum massage and are suitable for all skin types of all ages. A stand-alone device that treats the whole body, including delicate areas around the eyes, face, neck, inner arms, and thighs. It increases blood and lymph circulation and thus nourishes and oxygenates tissues. It stimu-lates fibroblasts to synthesize collagen and elastin, which are responsible for skin elasticity. It breaks down fat cells and reduce fat depots.

Opatra Skin Analysis

Discover what your skin really needs. This high-tech analysis provides a detailed insight into your skin, helping us create a perfectly tailored treatment or homecare routine

Wellbeing Rituals



Top to toe treatment

Using a combination of facial and massage techniques, our full-body massage is followed by a, made-to-measure‘ face treatment tailored specifically for your skin. A double luxury for face & body!

110 min € 196,00 Price on 10.09.2026: € 196,00

Power of the sea

The blue lagoon scrub pairs the unique exfoliating power of marine salt with nourishing oils, resulting in a refined skin texture with a velvety feel. Followed by the application of massage movements with a silky smooth body wrap and mini facial. A blissfully balancing experience that will restore the positive energies of body and mind.

80 min € 136,00 Price on 10.09.2026: € 136,00

Body
Scrub & Wraps

Intensely Cleansing Salt Scrub by Elemis
Lime & Ginger or Frangipan
Body exfoliator that uses mineral-rich salt to gently polish away dead skin cells, helping to smooth, soften, and refresh the skin. It also boosts circulation and preps the skin to absorb moisturiser better.

35 min € 68,00 Price on 10.09.2026: € 68,00

Thousand Flowers Detox Wrap by Elemis
Enriched with nutrients derived from flowers, trees and grass, this treatment provides strong detoxification to the skin by helping it eliminate harmful substances and restore the natural balance.

60 min € 118,00 Price on 10.09.2026: € 118,00

Targeted Tightening
A powerfull blend of minerals and seaweeds join forces to target cellulite and promote a smoother silhouette with our focused sculptingmassage, for skin that looks and feels intensely tightened, toned and smooth.

80 min € 136,00 Price on 10.09.2026: € 136,00

Body
Classic Massage

Reset massage
We are focusing on relieving specific stress and muscle tension. Combined with specially blended massage oils, this treatment can be tailor-made to suit your individual needs.

50 min	€ 108,00	Price on 10.09.2026: € 108,00
80 min	€ 136,00	Price on 10.09.2026: € 136,00

Deep tissue massage
This massage relieves specific stress and muscle tension, and the deep rhythmic pressure gives the whole body a vigorous workout.

Part body	35 min	€ 84,00	Price on 10.09.2026: € 84,00
Full body	50 min	€ 128,00	Price on 10.09.2026: € 128,00
	80 min	€ 148,00	Price on 10.09.2026: € 148,00

Aromatherapy massage
Aromatherapy massage uses Dalmatian local essential oils to enhance relaxation. Gentle pressure and soothing techniques help improve wellbeing and release stress.

50 min	€ 118,00	Price on 10.09.2026: € 118,00
80 min	€ 148,00	Price on 10.09.2026: € 148,00

Foot reflexology
With repeated pressure and manipulation of nerve endings, reflexology helps to relax our feet and also clear any channels of blocked energy. A foot treatment with a whole-body effect!

35 min	€ 84,00	Price on 10.09.2026: € 84,00

Mother to be
An intuitive and relaxing massage which hydrates skin that is expanding to accommodate a growing baby. This unique pregnancy massage is profoundly nurturing and tranquil. Performed on a bed of comfortable pillows, mothers-to-be are lulled and restored to optimum wellness.

50 min	€ 118,00	Price on 10.09.2026: € 118,00

Body
Holistic Massage

Candle massage
Candle massage is a deeply relaxing treatment using warm, scented oils to awaken the senses, ease tension, and restore balance from head to toe.

50 min € 118,00 Price on 10.09.2026: € 118,00

Seashell massage
Tigerclam Lav Shell Massage is a relaxing treatment using smooth Pacific seashells that warm the body, ease muscle tension, stimulate lymph flow, and refresh the senses.

50 min € 118,00 Price on 10.09.2026: € 118,00

Shiatsu massage
Shiatsu is a traditional Japanese body treatment using pressure, kneading, tapping and stretching to reduce stress, improve wellbeing, and boost both mental and physical balance.

50 min € 118,00 Price on 10.09.2026: € 118,00

Thai massage
Thai massage, also known as Thai yoga massage, combines assisted stretching and acupressure to improve flexibility and relaxation. It is done fully clothed on a floor mat.

65 min € 118,00 Price on 10.09.2026: € 118,00

Traditional Chinese massage
Traditional Chinese massage is based on Qi (vital energy) and uses rhythmic pressure with hands, fingers, and elbows on acupuncture points to reduce stress, improve energy flow and support the immune system.

50 min € 118,00 Price on 10.09.2026: € 118,00
80 min € 168,00 Price on 10.09.2026: € 168,00

Traditional Chinese foot treatment
Traditional Chinese foot treatment stimulates pressure points on the soles of the feet to support organ function and energy flow, leaving the body feeling light and revitalized.

45 min € 108,00 Price on 10.09.2026: € 108,00

High Tech Beauty

OxyJet Sensitive
Sensitive is a gentle treatment specially designed to calm and soothe delicate, reactive skin. It helps reduce redness, strengthen the skin barrier, and restore comfort and balance

50 min € 110,00 Price on 10.09.2026: € 110,00

OxyJet Express
Purifying is a deep-cleansing treatment that helps remove impurities, excess oil, and buildup from the skin. It refines pores, reduces breakouts, and leaves the skin feeling clean, fresh, and balanced.

50 min € 110,00 Price on 10.09.2026: € 110,00

OxyJet Skin intensive

Volume Booster
The OxyJet Intensive Skin Volume Booster is an advanced, non-invasive facial treatment designed to deeply hydrate, plump, and revitalize the skin

80 min € 158,00 Price on 10.09.2026: € 158,00

Energy reload
Energy Reload is a revitalizing treatment designed to instantly refresh and re-energize the skin. It boosts hydration, improves skin tone, and restores a healthy, radiant glow, making the skin look more awake and revitalized.

80 min € 158,00 Price on 10.09.2026: € 158,00

OxyJet Brightening correction
Brightening is a revitalizing treatment that helps improve skin radiance and even out skin tone. It reduces dullness and enhances a natural, healthy glow for a fresher-looking complexion.

80 min € 158,00 Price on 10.09.2026: € 158,00

ADD ON
collagen mask € 24,00 Price on 10.09.2026: € 24,00

HydraFacial® J LO booster

Experience a luxurious spa treatment with our Hydrafacial featuring the exclusive Jennifer Lopez booster, designed to revitalize and rejuvenate your skin like never before. This advanced treatment combines the power of Hydrafacial technology with specially formulated boosters to deliver unparalleled results, leaving your skin radiant and glowing.

50 min € 238,00 Price on 10.09.2026: € 238,00

HydraFacial® signature

Deeply cleanses, extracts, and hydrates the skin utilizing super serums filled with antioxidants, peptides, and hyaluronic acid.

35 min € 128,00 Price on 10.09.2026: € 128,00

HydraFacial® deluxe

Deluxe HydraFacial is an invigorating treatment that includes all the essentials of the Signature HydraFacial such as deep cleansing, extraction and hydration while addressing your specific skin concern. This treatment concludes with LED Light Therapy to further reduce the visible signs of aging.

BASIC BOOSTER

Fundamental skincare for a fresh and balanced complexion

50 min € 158,00 Price on 10.09.2026: € 158,00

SPECIAL BOOSTER

Highly concentrated active ingredients designed for visible, targeted result

50 min € 238,00 Price on 10.09.2026: € 238,00

HydraFacial® platinum

HydraFacial® Platinum is the most advanced HydraFacial treatment, combining lymphatic drainage, deep cleansing, exfoliation, extraction, and intense hydration with a personalized booster and LED light therapy. It provides a full skin reset, improving tone, texture, and radiance for a deeply refreshed and glowing complexion.

80 min € 218,00 Price on 10.09.2026: € 218,00

ADD ON

HydraFacial® on eyes or lips

This refreshing and hydrating add-on-treatment can be booked with every HydraFacial and with the „hands on“ facials.

10 min € 56,00 Price on 10.09.2026: € 56,00

ICOONE® Face

A facial treatment that lifts and firms the skin, improves contours, and reduces wrinkles and chin fat. It stimulates collagen and elastin production by boosting microcirculation and lymphatic drainage in the face, neck, and upper chest.

single treatment	30 min	€ 58,00	Price on 10.09.2026: € 58,00
5 treatments	150 min	€ 261,00	Price on 10.09.2026: € 261,00
10 treatments	300 min	€ 493,00	Price on 10.09.2026: € 493,00

ICOONE® Face Add-Ons

can be booked in addition to the ICOONE® facial treatment.

Chin sculpt
Eye lift
Smooth face

10 min each	€ 24,00	Price on 10.09.2026: € 24,00

ICOONE® Tailor made body treatments

Tissue firming

Stimulates collagen and elastin for firmer, tighter, and more toned skin. Ideal after weight loss.

Anti Cellulite

Reduces cellulite appearance, improves circulation and drainage, and smooths skin texture.

Anti-aging

Improves skin quality and elasticity, supports regeneration, and smooths the skin for a younger look.

Silhouette remodeling

Targets stubborn fat areas to reshape the body and improve overall silhouette harmony.

Light legs

Reduces fluid retention, improves circulation, and provides an immediate feeling of lightness.

single treatment	50 min		€ 95,00	Price on 10.09.2026: € 95,00
5 treatments	250 min	PROMO	€ 320,00	Price on 10.09.2026: € 420,00 / the lowest price: € 320
10 treatments	500 min	PROMO	€ 670,00	Price on 10.09.2026: € 800,00 / the lowest price: € 670

Recovery & Regeneration

Hypoxia hyperoxia training

Intermittent hypoxia-hyperoxia treatment (IHHT) is a novel, safe and effective technique to boost energy and reduce susceptibility to illness. The technique involves breathing through a mask for approximately 40 minutes whilst the amount of oxygen you breathe is increased and decreased at regular intervals.

The training is pleasant while lying down or semi-sitting, in complete relaxation. You breathe air with sometimes more, sometimes less oxygen. The average duration of a training session is 40 minutes. The recommended number of training sessions in healthy people is 15 to 20 training sessions as a cure (three training sessions per week). Since it is recommended to continue the training with one session per week permanently.

Although the training is carried out in a relaxed position, hypoxia training can achieve the effects of altitude training known to athletes. Experience has shown that these results remain stable for about 3 to 6 months.

1 x 50 min	€ 75,00	Price on 10.09.2026: 75,00
3 x 35 min	€ 192,00	Price on 10.09.2026: € 192,00
10 x 35 min	€ 635,00	Price on 10.09.2026: € 635,00

Personal Training

Our personal trainers focus on you and your goals. The training session will be tailored exactly to your needs. Whether strength, cardio or relaxation and mindfulness training – we design your tailor-made training.

50 min	€ 69,00	Price on 10.09.2026: € 69,00

Opatra Skin Analysis

Opatra Skin Analysis	standalone	€ 45,00	Price on 10.09.2026: € 45,00
Opatra Skin Analysis	with Facial Treatment	€ 35,00 (add-on)	Price on 10.09.2026: € 35,00

Beauty
Facial Treatments

Soin Hydréclat by Biologique Recherche
A hydrating and complexion-enhancing treatment leaving your face glowing and tighter in texture. Suitable for all Skin Instants©.

45 min € 128,00 Price on 10.09.2026: € 128,00

Soin Sébo-Rééquilibrant by Biologique Recherche
A treatment that regulates sebaceous secretions and detoxifies oil- and acne-prone skin. It tightens your skin's pores, leaving your face purified and even. Suitable for acne-prone and/or oily Skin Instants©.

60 min € 138,00 Price on 10.09.2026: € 138,00

Soin Cryo 3R by Biologique Recherche
A combination treatment providing cooling temperatures of cryotherapy to renew, regenerate, and repair. Recommended for mature or devitalized Skin Instants©, you will observe immediate vivacity to your face down to the deepest layers of your skin.

60 min € 138,00 Price on 10.09.2026: € 138,00

Soin Restructurant et Lissant by Biologique Recherche
A reconditioning treatment for the epidermis with an immediate re-plumping effect, leaving your skin refreshed, fine lines smoothed, and contours toned.

75 min € 158,00 Price on 10.09.2026: € 158,00

Soin Lift C.V.S. by Biologique Recherche
An exfoliating and lifting treatment combined with shaping techniques designed for mature Skin Instants©. It leaves your skin smooth, refined, and toned.

75 min € 158,00 Price on 10.09.2026: € 158,00

Soin MC 110 by Biologique Recherche
A re-plumping treatment to tone, revitalize, and reduce the look of wrinkles. The epidermis's irregular micro-profile is smoothed and the shape of your face is redefined. Your skin appears smoother, cleaner, and younger.
We recommend three sessions at one-week intervals, followed by one session every three months.

75 min € 158,00 Price on 10.09.2026: € 158,00

Pro Glow Facials by Elemis

for a unique glow, from the inside out - individually and personally tailored.

50 min € 100,00 or € 110,00 with Elemis Biotec machin Price on 10.09.2026: € 100,00 / € 110,00
80 min € 140,00 or € 150,00 with Elemis Biotec machin Price on 10.09.2026: € 140,00 / € 150,00

Choose your individual care focus:

- Lift & Contour
- Age defense

Superfood Pro Radiance Facial by Elemis

The Elemis Superfood Pro-Radiance Facial is a nourishing treatment designed to restore skin vitality and glow. Enriched with superfood ingredients, it helps deeply hydrate, smooth, and brighten the complexion, leaving the skin fresh, radiant, and healthy-looking.

35 min € 70,00 or € 80,00 with Elemis Biotec machine Price on 10.09.2026: € 70,00 / € 80,00
50 min € 90,00 or € 100,00 with Elemis Biotec machine Price on 10.09.2026: € 90,00 / € 100,00



Grooming

Classic Manicure

Nail shaping and cuticle care, a relaxing hand massage, lotion, and polish, ensure soft hands.

50 min € 80,00 Price on 10.09.2026: € 80,00

Classic Pedicure

A warm foot soak and foot-scrub, followed by clipping and shaping of the nails, cuticles being pushed back, a short foot massage, moisturizer.

50 min € 80,00 Price on 10.09.2026: € 80,00

ADD ON

Nail Polish application	€ 20,00	Price on 10.09.2026: € 20,00
Shellac application	€ 30,00	Price on 10.09.2026: € 30,00
Shellac removal	€ 30,00	Price on 10.09.2026: € 30,00

PARAFIN Hands & Feet skincare

25 min € 40,00 Price on 10.09.2026: € 40,00

Beauty Specials

Face waxing
€ 20,00 Price on 10.09.2026: € 20,00

Bikini basic waxing
20 min € 46,00 Price on 10.09.2026: € 46,00

Full leg waxing
50 min € 90,00 Price on 10.09.2026: € 90,00

Brazilian bikini
35 min € 70,00 Price on 10.09.2026: € 70,00

Half leg/arm/hand waxing
20 min € 46,00 Price on 10.09.2026: € 46,00

Back waxing for men
35 min € 70,00 Price on 10.09.2026: € 70,00

Private SPA

Enjoy quality time in beautiful surroundings where your every need will be catered for! Our luxurious private spa, which is located inside the spacious SPALATO, has its own private entrance and exit to the terrace. Our experienced staff will guide you in choosing a tailored treatment program or you can simply take advantage of some much-needed time out in your own personal spa with a sauna, bath, and double bed relaxation. We provide a special selection of herbal teas and other luxurious treats to enhance your experience and leave you feeling pampered. You can enjoy our special „Wellness Experience“ in solitude by booking the private spa. In addition, any other treatments from our spa menu can be booked and enjoyed in the private spa.

60 min € 133,00 Price on 10.09.2026: € 133,00



Fitness, Yoga & Spa

Fitness

Drop-in Group Class	€ 29,00	Price on 10.09.2026: € 29,00
8 Group Classes	€ 145,00	Price on 10.09.2026: € 145,00
12 Group Classes	€ 185,00	Price on 10.09.2026: € 185,00
Personal Training - 1 Session	€ 69,00	Price on 10.09.2026: € 69,00
Personal Training - 10 Sessions	€ 500,00	Price on 10.09.2026: € 500,00
Fitness RE-START Package	€ 229,00	Price on 10.09.2026: € 269,00 Lowest price: € 229,00

Yoga

Drop-in Group Class	€ 29,00	Price on 10.09.2026: € 29,00
8 Group Classes	€ 145,00	Price on 10.09.2026: € 145,00
12 Group Classes	€ 185,00	Price on 10.09.2026: € 185,00
Private Class	€ 69,00	Price on 10.09.2026: € 69,00

Day Pass & Membership

Day Pass - 1 Person	€ 45,00	Price on 10.09.2026: € 45,00
Day Pass - 2 Persons	€ 79,00	Price on 10.09.2026: € 90,00
Day Pass with Buffet Breakfast	€ 60,00	Price on 10.09.2026: € 79,00
Kids Day Pass	€ 29,00	Price on 10.09.2026: € 29,00
Spalato Membership	€ 219,00	Price on 10.09.2026: € 219,00

Skin Ritual

Skin Nourishing Ritual Package	€ 161,00	Price on 10.09.2026: € 161,00



How to SPA

SPALATO has been designed to be a peaceful and serene environment. We encourage you to enjoy the tranquillityby by sharing space respectfully, following all our safety and security guidelines.

On Arrival

The Spa kindly asks new clients to arrive at least 30 minutes prior to the first appointment to fulfil registration requirements and to complete consultation documentation. This is to avoid such formalities being carried out during the booked spa or treatment time.

Age requirements

Children under 16 are not permitted to book spa treatments. Guests aged 16–18 may receive selected treatments only with parental/guardian consent. Children must remain under constant supervision of a parent or guardian at all times.

Peace of Mind

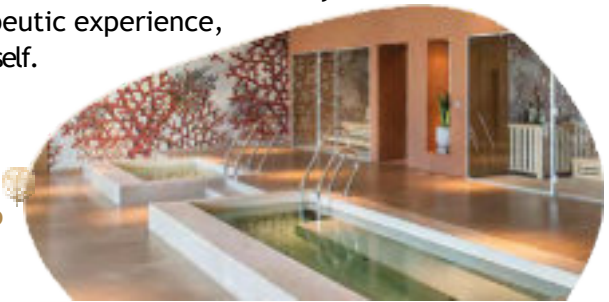
The healing value of silence and tranquility cannot be overestimated. To maintain an atmosphere of calm, we ask that all our guests observe the quiet areas. We also request that mobile phones, iPhones, iPads etc. be placed in the locker on arrival, and remind clients that smoking is not permitted on the premises.

Reservations and Cancellations

Please book spa appointments in advance. Credit card details are required to secure booking. We kindly request at least 12 hours notice for cancellations or rescheduling. Cancellations or rescheduling made less than 12 hours before the scheduled appointment will incur a 50% charge for the reserved treatment. Cancellations made less than 4 hours before the appointment, as well as no-shows, will be charged at 100% of the treatment value.

And finally, a few Spa tips

A Spa experience is more than just a massage or facial. It should be a journey to another level of relaxation. To ensure the maximum benefit from a visit to our Spalato Spa, talk with your therapist beforehand to discuss preferences and any concerns you may have. Please feel free to ask questions at any point. We are here to make you feel comfortable and safe. Open communication will ensure that your treatment will not be just a wonderful and therapeutic experience,
but a rewarding journey to your highest self.



BOOK YOUR SPA EXPERIENCE
SCAN THE CODE

SPALATO

SPALATO Spa
Put Trstenika 19
21000, Split, Croatia
T: +385 21 30 30 33
M: +385 (99) 228 0181
E: spa.split@radissonblu.com
Powered by Radisson Blu

spalatospa.com
shop.spalatospa.com

Cijene su prikazane u erima. Plaćanje se može izvršiti isključivo u eurima. Sve cijene uključuju PDV.
Prices are in Euros. Payment can be done only in Euros. VAT is included in prices.

Radisson BLU
RESORT & SPA, SPLIT